The Gainesville Zero Waste News

The Zero Waste Caterer Movement

Caterers seeking to operate sustainably and minimize waste can reduce their carbon footprint and expenses by implementing zero waste methods. Transitioning to a zero-waste catering operation is not only beneficial for the environment, but it can also enhance a business's reputation and appeal to new clientele.

Here are a few strategies caterers can take to reduce their waste:

IN THE KITCHEN:

- Design menus based on seasonal, locally sourced ingredients that are less likely to spoil quickly.
- Set up a food waste collection system in prep areas for kitchen scraps, such as vegetable trimmings, fruit peelings, and coffee grounds.
- Train employees on sustainable practices, including proper waste sorting, composting procedures, and efficient food preparation techniques.
- Consider offering customizable portions to minimize uneaten food.



ORDERING

- Regularly monitor inventory levels to avoid over-ordering and establish relationships with suppliers who can deliver smaller quantities more frequently, ensuring fresher ingredients and less spoilage.
- Switch to reusable or compostable cups, plates, napkins, and utensils.

DONATING

- Partner with local food banks or charities to donate surplus food that is safe to eat.
- Find out what apps, such as <u>FoodRecovery.org</u>, are available to assist with making donations easier.
- Track the quantity and type of food donated and celebrate with your team on their efforts for a more sustainable and compassionate community.

As the demand for sustainable practices continues to grow, caterers prioritizing zero waste methods will stand out as leaders in the movement toward a more sustainable future.